



What skills and talents do I have?

I want to be heard.

How can I be more independent?

How can I secure a job?

I want to manage my own money.

How can I better express myself?

I wish I had a hobby.



Linking Employment, Abilities and Potential

NEW

Self-Advocacy Class Series Begins May 3!

LEAP will offer a free 9-week* Self-Advocacy class for persons with Developmental Disabilities ages 14-24 beginning Wednesday, May 3 and running through Wednesday, June 28. All classes will be held from 4-6 PM at the LEAP offices, 2545 Lorain Ave, in Ohio City.

Scheduled Class Topics:

Week #1: Self-Care & Self-Awareness

Week #2: Self-Determination

Week #3: Self-Advocacy

Week #4: Career /Community Exploration

Week #5: Interpersonal Communication

Week #6: Personal Finance

Week #7: Health & Safety

Week #8: Healthy Eating & Nutrition

Week #9: Art & Creative Expression

To register, visit LEAP online:

<http://www.leapinfo.org/events/2017/05/03/self-advocacy-class-series>

FREE Parking in the LEAP lot; see the rear Valet parking booth to be assigned a space.

Questions: Contact Cheryl Gorham at 216.696.2716 or cgorham@leapinfo.org