



NEW RECREATION PROGRAMS FROM SOAR!

GET MOVING AND JOIN THE FUN TODAY!

(MAY 22nd – JUNE 29th)

Join us for the next session of SOAR! Spring/Summer activities! In addition to the popular walking programs, meet us at the Gemini Center for our Dancercize class! Meet at Big Creek Center for the ever-popular aerobics class or, play bocce ball at the Rocky River Adult Activities Center on Friday nights.....**There's something for everyone so sign up today!**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
DANCERCIZE: 6:30 – 7:30PM Where: Gemini Center, 21225 Lorain Road (Just West of 210 th Street) Description: Join us for an active hour of moving and grooving. Guaranteed to be a great (and FUN!) workout so shake it out!....Sign up today. Limited to 40 participants Dates: May 22 nd , June 5 th , 12 th , 19 th & 26 th Fee: \$20.	WALKING: 6:30-7:30 PM Where: Rocky River Reservation, Rockcliff Spring Parking lot. (1¼ miles south of Detroit Road park entrance) Description: Experience late Spring and early Summer with your walking friends at SOAR! Take a leisurely stroll or 'step it out'whichever you prefer! Limited to 30 participants Dates: May 23 rd , 30 th , June 6 th , 13 th , 20 th & 27 th Fee: \$12.	AEROBICS: 6:30 – 7:30 PM Where: Big Creek Center (6149 West 130 th Street) Description: Join this popular activity with Angie. Listen to great tunes while we work on strength, endurance & flexibility. Always a great time... see you there! Limited to 45 participants Dates: May 24 th , 31 st June 7 th , 14 th , 21 st & 28 th Fee: \$20.	WALKING: 6:30 – 7:30 PM Where: Brooklyn Memorial Park (7727 Memphis Avenue) Description: Stroll through the beautiful, paved, Memorial Park setting for a wonderful evening out! Perfect for walkers, wheelchairs and anyone that wants to join in! Limited to 30 participants Dates: May 25 th June 1 st , 8 th , 15 th , 22 nd & 29 th Fee: \$12.	BOCCE BALL: 6:00 – 7:30 PM Where: Rocky River Adult Activities Center (20120 Detroit Road) Description: Join us for a fun time as we enjoy the great game of bocce ball! Anyone can play so start your weekend with your friends at SOAR! Limited to 20 participants Dates: May 26 th June 2 nd , 9 th & 16 th Fee: \$15.

(Fee includes: snacks at each activity)

 **Registration Deadline is Friday, May 12th, so sign up today!!!**

FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT: **(440) 327-6454**

Mail completed *form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio 44039
 *If not on file for the current year

