



JOIN THE SOAR TEAM TODAY..... AND CHASE THOSE WINTER BLUES AWAY! February 20th – March 30th

Join us for the second session of SOAR! activities of 2017; we'll start on Mondays with bowling, enjoy dancercize on Tuesdays with Dee, join Angie to aerobics on Wednesdays and have fun with Indoor Games on Thursdays! Plus, we'll have four Saturday evenings of seated volleyball at the Gemini Center in Fairview Park. Sign up today as registration is limited!

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	SATURDAYS
BOWLING: 3:30 – 5:00PM Where: Freeway Lanes, 12859 Brookpark Road (Just east of West 130 th Street)	DANCERCIZE: 6:30-7:30 PM Where: Gemini Center, 21225 Lorain Road (Just West of 210 th Street)	AEROBICS: 6:30 – 7:30 PM Where: Big Creek Center (6149 West 130 th Street)	INDOOR GAMES: 6:30 – 7:30 PM Where: Big Creek Center (6149 West 130 th Street)	SEATED VOLLEYBALL: 5:30 – 7:00 PM Where: Gemini Center, (21225 Lorain Road)
Description: Join us for some late afternoon bowling from 3:30 until 4:45 and then enjoy a snack. Always a fun day...hope you can 'spare the time'. Limited to 28 participants Dates: Februray 20 th ,27 th March 6 th , 13 th , 20 th , 27 th	Description: Join Dee and your SOAR! staff for a fantastic hour of exercise. We'll work out to a great selection of tunes and have a wonderful time too! Limited to 35 participants Dates: February 21 st ,28 th March 7 th , 14 th , 21 st , 28 th	Description: Join this popular activity with Angie. Listen to great tunes while we work on strength, endurance & flexibility. Always a great time... see you there! Limited to 45 participants Dates: February 22 nd March 1 st , 8 th ,15 th , 22 nd , 29 th	Description: Join us for some walking AND indoor games on Thursday nights! We'll play baggo, wiffleball, kickball as well as some 'surprise' games. Always a lot of fun! Limited to 30 participants Dates: February 23 rd March 2 nd , 9 th , 16 th , 23 rd , 30 th	Description: Join us our second session of seated volleyball at the Gemini Center! Always a great time as we bat the 46" beach ball around! Limited to 30 participants Dates: February 25 th March 11 th , 18 th , 25 th
Fee: \$25.	Fee: \$20.	Fee: \$20.	Fee: \$15.	Fee: \$20.

(Fee includes: SOAR! souvenir & snacks at each activity)



Registration Deadline is Friday, February 10th, so sign up today!!!

FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT: **(440) 327-6454**

Mail completed form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio 44039

