



Change The Conversation



Please join us for our Empowering
Epilepsy Support Groups with

EMPOWERING EPILEPSY YOGA

in Akron at the
Fairlawn Kiwanis Community Center
3486 S. Smith Rd.

7:00 TO 9:00 P.M.

Meet others who understand epilepsy, learn strategies to manage your or your family members' seizures and make new friends. Food will be provided and the event is free. Wear comfortable clothing and it is suggested that you do not eat anything after 4:15 p.m. that day.

MEETING DATES:

WEDNESDAY, JANUARY 18

WEDNESDAY, FEBRUARY 22

WEDNESDAY, MARCH 15

WEDNESDAY, APRIL 12

WEDNESDAY, MAY 10

WEDNESDAY, JUNE 14

FOR MORE INFORMATION CONTACT Leigh Goldie • 440-248-6158 • leigh@empoweringepilepsy.org

VISIT - [HTTP://EMPOWERINGEPILEPSY.ORG](http://empoweringepilepsy.org) OR [WWW.FACEBOOK.COM/EMPOWERINGEPILEPSY](http://www.facebook.com/empoweringepilepsy)