



Please join us for our Empowering  
Epilepsy Support Groups with

## EMPOWERING EPILEPSY YOGA

in Akron at the  
Fairlawn Kiwanis Community Center  
3486 S. Smith Rd.

7:00 TO 9:00 P.M.

Meet others who understand epilepsy, learn strategies to manage your or your family members' seizures and make new friends. Food will be provided and the event is free. Wear comfortable clothing and it is suggested that you do not eat anything after 4:15 p.m. that day.

### MEETING DATES:

**WEDNESDAY, JANUARY 18**

**WEDNESDAY, FEBRUARY 22**

**WEDNESDAY, MARCH 15**

**WEDNESDAY, APRIL 12**

**WEDNESDAY, MAY 10**

**WEDNESDAY, JUNE 14**

**FOR MORE INFORMATION CONTACT**

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VISIT - [HTTP://EMPOWERINGEPILEPSY.ORG](http://EMPOWERINGEPILEPSY.ORG) OR [WWW.FACEBOOK.COM/EMPOWERINGEPILEPSY](http://WWW.FACEBOOK.COM/EMPOWERINGEPILEPSY)