

Join us for these exciting Fall programs from SOAR!

(October 3rd – November 10th)

Announcing the second Fall session of 2016! We'll start on Monday's with dancercize, then meet for walking/indoor games at the Gemini Center. Then, on Wednesdays, join us for aerobics at Big Creek Center then, end the week with indoor games @BCC!!!

Mondays

DANCERCIZE: 6:30-7:30 PM

Where: Gemini Center, 21225 Lorain Road (Birch & Maple Rooms)

Description: : Join Dee Elliott & your SOAR! staff for an 'happening hour' of moving & grooving. We'll work out to an exciting selection of Tunes and a fun time is guaranteed for all!

Note: Limited to 40 participants

Dates: October 3rd, 10th, 17th, 24th, 31st, November 7th

Fee: \$ 20.

Tuesdays

WALKING/GAMES: 6:30 – 7:30PM

Where: Gemini Center, 21225 Lorain Road (Multi-Purpose Room)

Description: Join us at the Gemini Center as we warm up with a walk, then enjoy wiffleball, kickball, dodgeball, seated volleyball & other games...Fun, Fun, Fun!

Note: Limited to 30 participants

Dates: October 4th, 11th, 18th, 25th, November 1st & 8th

Fee: \$15.

Wednesdays

AEROBICS: 6:30 - 7:30 PM

Where: Big Creek Center, 6149 West 130th Street

Description: Join Angie as we burn some calories in this very popular activity. Get in shape for the holidays and that Thanksgiving turkey!

Note: Limited to 45 participants

Dates : October 5th, 12th, 19th, 26th, November 2nd & 9th

Fee: \$20.

Thursdays

WALKING/GAMES: 6:30 – 7:30 PM

Where: Big Creek Center, 6149 West 130th Street

Description: Join your friends for a great session of indoor games. We'll play a variety of games and also do some walking in the gym. Promises to be a great time!

Note: Limited to 30 participants

Dates: October 6th, 13th, 20th, 27th, November 3rd & 10th

Fee: \$15.

(Fee includes: SOAR! souvenir, plus a snack at each activity) – **Registration Deadline: Friday, September 23rd**



TO RECEIVE A MASTER REGISTRATION FORM
(if you have NOT participated in a SOAR! program this year)
and to **SIGN UP FOR AN ACTIVITY**, CALL US AT: **440-327-6454**.
Mail completed registration form to: SOAR!, 4937 Mills Industrial Parkway,
North Ridgeville, Ohio - 44039

