



MEGHAN BARLOW
AND ASSOCIATES

20220 Center Ridge Road Suite 165
Rocky River, OH 44116

Fall 2016 Social Skills Groups

with Christine Jurik, MA, BCBA, COBA

Energetic Steam Engines Group (ages 4-5)

Students will learn how to follow multiple-step group instructions, share, take turns, begin to identify emotions in self/others, and express their wants and needs effectively with peers.

- **Fall I (Sept. 7 - Oct. 8):** Wednesdays (3:15 – 4:45 p.m.) OR Saturdays (10:30 a.m. - 12:00 p.m.)
- **Fall II (Nov. 9 - Dec. 17):** Wednesdays (3:15 – 4:45 p.m.)
No session on November 23.

Terrific Tugboats Group (ages 6-8)

Students will learn to appropriately converse and play with peers, identify emotions in self and others, know what to do when they witness bullying, apply early self-regulation skills, and display expected behaviors with peers.

- **Fall I (Sept. 7 - Oct. 8):** Wednesdays (4:45 – 6:15 p.m.) OR Saturdays (8:45 - 10:15 a.m.)
- **Fall II (Nov. 9 - Dec. 17):** Wednesdays (4:45 – 6:15 p.m.)
No session on November 23.

Superheroes Group (ages 9-11)

Students will learn to engage in and sustain conversational exchanges, choose appropriate topics, remain on topic, know what to do when they witness bullying, and demonstrate cooperation and self-regulation.

- **Fall I (Sept. 7 - Oct. 8):** Wednesdays (6:30 – 8:00 p.m.)
- **Fall II (Nov. 9 - Dec. 17):** Wednesdays (6:30 – 8:00 p.m.)
No session on November 23.

Cost and Services Included

Group cost is \$400 per student and includes a 30-minute 1:1 intake with the Behavior Analyst, individualized goal development, five 90-minute small group sessions, and a performance summary mailed one week after conclusion.

Why Social Skills with Christine Jurik?

Programs were developed and are taught by Christine Jurik, MA, BCBA, COBA a licensed, Masters-level Behavior Analyst with 17 years of experience in the field.

Christine's social skills programs are unique in that the weekly curriculum is dynamic, changing to meet the needs of individual students enrolled. Sessions target each student's unique social & behavioral deficits. When appropriate, Christine arranges sessions out of the office and in public to help students practice social skills in natural settings.

Christine maintains good communication with parents throughout the programs so that they can be working to build on skills taught in session throughout the week at home. Her individual feedback at the program's conclusion can be shared with schools and other clinicians in order to help generalize and build on skills learned.

Telephone: (440) 409-0307 or (866) 501-9431

Web: www.meghanbarlowandassociates.com

Email: christine@drmeghanbarlow.com

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Frequently Asked Questions



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How do I enroll my child?

To enroll your child, call our office or email Christine (see contact information at the bottom of this sheet). Enrollment closes two weeks prior to the start of the session.

Once your child is enrolled, Christine will contact you to schedule an individual intake session. Intake sessions last about 30 minutes and typically take place 10-15 days prior to the start of the first group session. During the consultation, you will have an opportunity to share background information and work with Christine to develop an individual plan for your child's participation in the group.

If you're not sure whether your child is a good fit for the group, please contact Christine via e-mail so that she can answer your questions on an individual basis.

Who should enroll?

Children who would benefit from learning and rehearsing social skills, social pragmatic skills, and expected social behaviors with similar-aged peers will benefit most from our social skills groups. Participants may have trouble making friends, keeping friends, or connecting with peers. These children may also have difficulty attending in a group setting, following directions from adults, or listening to others. Each group is individually tailored to meet the needs of the children enrolled and each child has unique behavioral goals based on their difficulty in working and playing with others.

Where are sessions held?

Groups meet at the offices of Meghan Barlow and Associates, 20220 Center Ridge Road, Suite 165, Rocky River.

In some cases, Christine, the group members, and their parents may decide to meet away from the office, either as a reward for meeting group goals or to create opportunities to practice skills.

Do caregivers need to stay in the building?

Parents of children who are toilet trained and who sign a medical waiver are free to leave for the first 75 minutes of each appointment. Parents of children not toilet trained are asked to remain in the waiting room to provide bathroom assistance when needed.

When are payments due?

Payment is due in full when the intake session is scheduled.

Credit cards or Health Savings Account (HSA) cards are gladly accepted.

We do not accept insurance, but can provide receipts for families to submit to their insurance providers for reimbursement.

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