



# NEW RECREATION PROGRAMS FROM SOAR!

## GET MOVING AND JOIN THE FUN TODAY!

### (MAY 16<sup>th</sup> – JUNE 23<sup>rd</sup>)

Join us for the next session of SOAR! Spring/Summer activities! In addition to the popular walking programs, meet us at the Gemini Center for our Dancercise class! Meet at Big Creek Center for the ever-popular aerobics class or, play bocce ball at the Rocky River Adult Activities Center on Friday nights.....**There's something for everyone so sign up today!**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<b>DANCERCIZE:</b> 6:30 – 7:30PM <b>Where:</b> Gemini Center, 21225 Lorain Road (Just West of 210 <sup>th</sup> Street)  <b>Description:</b> Join Dee and your SOAR! staff for a fantastic hour of moving and grooving. Guaranteed to be a great (and FUN!) workout so sign up today!  Limited to 40 participants <b>Dates:</b> May 16 <sup>th</sup> , 23 <sup>rd</sup> June 6 <sup>th</sup> , 13 <sup>th</sup> & 20 <sup>th</sup>  <b>Fee:</b> \$20.	<b>WALKING:</b> 6:30-7:30 PM <b>Where:</b> Rocky River Reservation, Rockcliff Spring Parking lot. (1¼ miles south of Detroit Road park entrance)  <b>Description:</b> Experience late Spring and early Summer with your walking friends at SOAR! Take a leisurely stroll or 'step it out' ....whichever you prefer!  Limited to 30 participants <b>Dates:</b> May 17 <sup>th</sup> , 24 <sup>th</sup> , 31 <sup>st</sup> June 7 <sup>th</sup> , 14 <sup>th</sup> & 21 <sup>st</sup>  <b>Fee:</b> \$12.	<b>AEROBICS:</b> 6:30 – 7:30 PM <b>Where:</b> Big Creek Center (6149 West 130 <sup>th</sup> Street)  <b>Description:</b> Join this popular activity with Angie. Listen to great tunes while we work on strength, endurance & flexibility. Always a great time... see you there!  Limited to 45 participants <b>Dates:</b> May 18 <sup>th</sup> , 25 <sup>th</sup> June 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> & 22 <sup>nd</sup>  <b>Fee:</b> \$20.	<b>WALKING:</b> 6:30 – 7:30 PM <b>Where:</b> Brooklyn Memorial Park (7727 Memphis Avenue)  <b>Description:</b> Stroll through the beautiful, paved, Memorial Park setting for a wonderful evening out! Perfect for walkers, wheelchairs and anyone that wants to join in!  Limited to 30 participants <b>Dates:</b> May 19 <sup>th</sup> , 26 <sup>th</sup> June 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup>  <b>Fee:</b> \$12.	<b>BOCCE BALL:</b> 6:00 – 7:30 PM <b>Where:</b> Rocky River Adult Activities Center (20120 Detroit Road) <b>Description:</b> Join us for a great time as we enjoy the great game of bocce ball! Anyone can play so start your weekend with your friends at SOAR!  Limited to 20 participants <b>Dates:</b> May 27 <sup>th</sup> June 3 <sup>rd</sup> , 10 <sup>th</sup> & 17 <sup>th</sup>  <b>Fee:</b> \$15.

(Fee includes: snacks at each activity)

 **Registration Deadline is Friday, May 6<sup>th</sup>, so sign up today!!!**

FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT: **(440) 327-6454**

Mail completed \*form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio 44039

\*If not on file for the current year

