



NEW RECREATION PROGRAMS FROM SOAR!

GET MOVING AND JOIN THE FUN TODAY!

(MAY 16th – JUNE 23rd)

Join us for the next session of SOAR! Spring/Summer activities! In addition to the popular walking programs, meet us at the Gemini Center for our Dancercize class! Meet at Big Creek Center for the ever-popular aerobics class or, play bocce ball at the Rocky River Adult Activities Center on Friday nights.....**There's something for everyone so sign up today!**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
DANCERCIZE: 6:30 – 7:30PM Where: Gemini Center, 21225 Lorain Road (Just West of 210 th Street)	WALKING: 6:30-7:30 PM Where: Rocky River Reservation, Rockcliff Spring Parking lot. (1½ miles south of Detroit Road park entrance)	AEROBICS: 6:30 – 7:30 PM Where: Big Creek Center (6149 West 130 th Street)	WALKING: 6:30 – 7:30 PM Where: Brooklyn Memorial Park (7727 Memphis Avenue)	BOCCE BALL: 6:00 – 7:30 PM Where: Rocky River Adult Activities Center (20120 Detroit Road)
Description: Join Dee and your SOAR! staff for a fantastic hour of moving and grooving. Guaranteed to be a great (and FUN!) workout so sign up today!	Description: Experience late Spring and early Summer with your walking friends at SOAR! Take a leisurely stroll or 'step it out'whichever you prefer!	Description: Join this popular activity with Angie. Listen to great tunes while we work on strength, endurance & flexibility. Always a great time... see you there!	Description: Stroll through the beautiful, paved, Memorial Park setting for a wonderful evening out! Perfect for walkers, wheelchairs and anyone that wants to join in!	Description: Join us for a great time as we enjoy the great game of bocce ball! Anyone can play so start your weekend with your friends at SOAR!
Limited to 40 participants Dates: May 16 th , 23 rd June 6 th , 13 th & 20 th	Limited to 30 participants Dates: May 17 th , 24 th , 31 st June 7 th , 14 th & 21 st	Limited to 45 participants Dates: May 18 th , 25 th June 1 st , 8 th , 15 th & 22 nd	Limited to 30 participants Dates: May 19 th , 26 th June 2 nd , 9 th , 16 th & 23 rd	Limited to 20 participants Dates: May 27 th June 3 rd , 10 th & 17 th
Fee: \$20.	Fee: \$12.	Fee: \$20.	Fee: \$12.	Fee: \$15.

(Fee includes: snacks at each activity)



Registration Deadline is Friday, May 6th, so sign up today!!!

FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT: **(440) 327-6454**

Mail completed *form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio 44039
*If not on file for the current year

