



# NEW RECREATION PROGRAMS FROM SOAR!

## GET MOVING AND JOIN THE FUN TODAY!

### (MAY 18<sup>TH</sup> – JUNE 25<sup>TH</sup>)

Join us for the next session of SOAR! Spring/Summer activities! In addition to the popular walking programs, meet us at the Gemini Center for our Dancercize class! Meet at Big Creek Center for the ever-popular aerobics class or, play bocce ball at the Rocky River Adult Activities Center on Friday nights.....**There's something for everyone so sign up today!**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<b>DANCERCIZE:</b> 6:30 – 7:30PM <b>Where:</b> Gemini Center, 21225 Lorain Road (Just West of 210 <sup>th</sup> Street)	<b>WALKING:</b> 6:30-7:30 PM <b>Where:</b> Rocky River Reservation, Rockcliff Spring Parking lot. (1½ miles south of Detroit Road park entrance)	<b>AEROBICS:</b> 6:30 – 7:30 PM <b>Where:</b> Big Creek Center (6149 West 130 <sup>th</sup> Street)	<b>WALKING:</b> 6:30 – 7:30 PM <b>Where:</b> Brooklyn Memorial Park (7727 Memphis Avenue)	<b>BOCCE BALL:</b> 6:00 – 7:30 PM <b>Where:</b> Rocky River Adult Activities Center (20120 Detroit Road)
<b>Description:</b> Join Dee and your SOAR! staff for a fantastic hour of moving and grooving. Guaranteed to be a great (and FUN!) workout so sign up today!	<b>Description:</b> Experience late Spring and early Summer with your walking friends at SOAR! Take a leisurely stroll or 'step it out' ....whichever you prefer!	<b>Description:</b> Join this popular activity with Angie. Listen to great tunes while we work on strength, endurance & flexibility. Always a great time... see you there!	<b>Description:</b> Stroll through the beautiful, paved, Memorial Park setting for a wonderful evening out! Perfect for walkers, wheelchairs and anyone that wants to join in!	<b>Description:</b> Join us for a great time as we enjoy the great game of bocce ball! Anyone can play so start your weekend with your friends at SOAR!
Limited to 35 participants <b>Dates:</b> May 18 <sup>th</sup> , June 1 <sup>st</sup> , 8 <sup>th</sup> , 15 <sup>th</sup> & 22 <sup>nd</sup>	Limited to 30 participants <b>Dates:</b> May 19 <sup>th</sup> , 26 <sup>th</sup> , June 2 <sup>nd</sup> , 9 <sup>th</sup> , 16 <sup>th</sup> & 23 <sup>rd</sup>	Limited to 45 participants <b>Dates:</b> May 20 <sup>th</sup> , 27 <sup>th</sup> June 3 <sup>rd</sup> , 10 <sup>th</sup> , 17 <sup>th</sup> & 24 <sup>th</sup>	Limited to 30 participants <b>Dates:</b> May 21 <sup>st</sup> , 28 <sup>th</sup> June 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> & 25 <sup>th</sup>	Limited to 20 participants <b>Dates:</b> May 29 <sup>th</sup> June 5 <sup>th</sup> , 12 <sup>th</sup> & 19 <sup>th</sup>
<b>Fee:</b> \$20.	<b>Fee:</b> \$12.	<b>Fee:</b> \$20.	<b>Fee:</b> \$12.	<b>Fee:</b> \$15.

(Fee includes: snacks at each activity)



**Registration Deadline is Friday, May 8<sup>th</sup>, so sign up today!!!**

FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT: **(440) 327-6454**

Mail completed \*form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio 44039  
\*If not on file for the current year

