

All Outdoor Recreation programs have been evaluated regarding accessibility and activity level. With our professionally trained staff and ability to make equipment adaptations, most programs are accessible to anyone who would like to participate. For further information regarding program accessibility, please contact Outdoor Recreation at **216-341-1704**.

Custom and group programs are available for those desiring a more specialized accessible adventure. Program ideas available include:

Birding
Fishing
Handcycling
Nature Appreciation Hikes
Photography
Snowshoeing
Adaptive Paddling
Kayaking
Canoeing
Stand Up Paddleboarding
General Outdoor Living Skills
Map & compass
GPS
Knot Tying
Fire Building
Leave No Trace
Mock Camp Set-up
Camping



Cleveland Metroparks is committed to providing quality recreational opportunities to the citizens of Greater Cleveland.



Cleveland Metroparks
North Chagrin Nature Center
3037 SOM Center Rd.
Willoughby Hills, Ohio 44094

An Evening For Us at North Chagrin Nature Center



Spring and Summer Program Offerings

Please take a look inside to see programming geared towards individuals with disabilities and their families.



An Evening For Us

North Chagrin Nature Center has extended hours this evening for families with a member who has special needs, such as a child with autism. If you have felt the busyness of our 9:30-5 hours don't meet the needs of you or someone you care for, this may be a better time for you to drop in. Stay as long or as little as you like. Only service animals are permitted in the center tonight.

Times:

Hours are 5:30-7:30 p.m.

Activities:

Crafts, touch table and live animals to view.

Dates:

Monday, March 9

Tuesday, April 8

Friday, May 8

Please contact us if you have any questions or concerns.



An Evening For Us: Hiking and Campfire

These evening programs are for families to have a time to connect with our natural environment. We will meet at the Nature Education Building located behind North Chagrin Nature Center. Every evening will include a hike and a campfire complete with s'mores.

Times:

6:00-8:00 p.m.

Dates:

Thursday, June 4

Thursday, July 2

Thursday, August 6

Please contact us if you have any questions or concerns.



Outdoor Recreation

Handcycling Clinic

Learn a new skill or re-visit an activity you once loved. Handcycling is a great way for individuals to use their upper body strength to pedal a bike. Riding distances vary between 2-6 miles over mostly flat terrain. Upright and recumbent handcycles are available. Riders of all abilities are welcome. Parents/caregivers/family members are encouraged to bring their bike to ride along. Helmets required. Late fee applies after May 12 and June 22 respectively.

Ages:

14 years & over with participating adult

Activity Level:

Easy/moderate

Times:

6:30 – 8:30 p.m.

Dates:

May 20

June 30

Fee:

\$20 (includes equipment)

Maximum number:

3 (We only have 5 handcycles and we want to give people the option to try both types).

