



Department of Pediatric Psychiatry and Psychology: Intensive Services

Out-Patient Multi-Family Group

“A Group Where Families Help Other Families”

- An opportunity for parents to hear from other parents and teens to hear from other teens.
- Where teens can hear other parent's perspectives and parents can hear other teens perspectives and thoughts.
- Psycho-education regarding families dealing with depression, anxiety, self-harm, or suicidal thoughts and its impact on the individual and the family.
- Psycho-education skills and topics: **Communication, Problem-solving, Coping Skills, Family Structure/Boundaries.**
- The opportunity to develop/discuss new ideas on managing stress, conflict, or frustrations; as well as increasing productive communication.

Monday's: 5:30pm - 7:00pm

January 12th – March 9th 2015

Group Facilitators:

Gerry Mullaney, LISW-S

Phone: 330-543-4395

Ryan Cook, LPCC-S, MFT

Phone: 330-543-4394



Session Schedule / Structure

Multi-family Semi-Open Group

- Begins **January 12th, 2015** .
- Families will be asked to commit to minimum of 4 weeks; with option to attend the full 8 weeks.
- Families will discuss with group facilitators their desired length of attendance. Once a family discontinues the group additional families will then begin the group based on group size at the time.

Session Structure

- 5:30pm to 6:00pm— Review of skills/topics:
(Communication, Problem-solving, Coping skills, Family Structure/Boundaries)
- 6:00pm to 7:00pm— Processing of families successes and challenges of skills and other experiences.

Contact Information:

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Location:

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