

Join us for these exciting Fall programs from SOAR!

(October 6th – November 13th)

Announcing the second Fall session of 2014! We'll start on Monday's with dancercize, then enjoy water aerobics at the Gemini Center on Tuesdays. On Wednesdays, join us for aerobics at Big Creek Center then, end the week with indoor games. **GREAT FUN!**

Mondays

DANCERCIZE: 6:30-7:30 PM
Where: Gemini Center, 21225
 Lorain Road (Birch or Maple Room)

Description: : Join Dee Elliott & your SOAR! staff for an 'happening hour' of moving & grooving. We'll work out to an exciting selection of Tunes and a fun time is guaranteed for all!

Note: Limited to 30 participants

Dates: October 6th, 13th, 20th, 27th
 November 3rd & 10th

Fee: \$ 20.

Tuesdays

WATER AEROBICS: 7:00 – 7:45PM
Where: Gemini Center, 21225
 Lorain Road.**NOTE: All participants must sign a Fairview Park "Release Agreement"**

Description: Cool off & stretch those muscles in a beautiful pool! (Participants must be able to stand, move independently and take direction in 3-4 feet of water)

Note: Limited to 20 participants

Dates: October 7th, 14th, 21st, 28th
 November 4th & 11th

Fee: \$20.

Wednesdays

AEROBICS: 6:30 - 7:30 PM
Where: Big Creek Center, 6149
 West 130th Street

Description: Join Angie as we burn some calories in this very popular activity. Get in shape for the holidays and that Thanksgiving turkey!

Note: Limited to 45 participants

Dates : October 8th, 15th, 22nd, 29th
 November 5th & 12th

Fee: \$20.

Thursdays

WALKING: 6:30 – 7:30 PM
Where: Big Creek Center, 6149
 West 130th Street

Description: Join your friends for a great session of indoor games. We'll play a variety of games and also do some walking in the gym. Promises to be a great time!

Note: Limited to 30 participants

Dates: October 9th, 16th, 23rd, 30th
 November 6th & 13th

Fee: \$15.

(Fee includes: SOAR! souvenir, plus a snack at each activity) – **Registration Deadline: Friday, September 26th**

TO RECEIVE A MASTER REGISTRATION FORM
 (if you have NOT participated in a SOAR! program this year)
 and to **SIGN UP FOR AN ACTIVITY**, CALL US AT: **440-327-6454.**

