

Milestones Parent Empowerment Network (MPEN)



Creating & Sustaining Independent Leisure Skills

LEARN PRACTICAL STRATEGIES FROM PARENTS LIKE YOU ABOUT:

- ★ Assessing your child's interests
- ★ Finding social/recreational resources
- ★ Structuring "down time"
- ★ Developing supports to increase independence



Two Convenient Locations!



EAST SIDE

Date: Wednesday, March 5

Time: 6:30 - 8:30 p.m.

Location: Shaker Family Center
(the old Sussex School)

19824 Sussex Road, Shaker Heights

WEST SIDE

Date: Tuesday, March 18

Time: 6:30 - 8:30 p.m.

Location: Grace Church
7393 Pearl Road, Middleburg Heights

COST

\$10 in advance (\$5 additional fee for walk-ins) Scholarships are available.

REGISTRATION

Contact Nicole Herrera at nherrera@milestones.org
or 216.464.7600 ext. 106. **East-Side Deadline: March 3**

BRING THE KIDS!

Social/recreational program run by trained autism staff.
Children ages 3 and up and typical peers welcome.
\$10 per child (advanced registration required).



Supported by The O'Neill Foundation, The Reuter Foundation and Saint Luke's Foundation