

# FANTASTIC FALL FUN WITH SOAR!

## Get Moving and join the fun today !

### (August 26<sup>th</sup> – September 30<sup>th</sup>)

Join us for the first session of SOAR! Fall activities. In addition to the popular outdoor walking programs, meet us at Memorial Field for baseball on Mondays and venture to the Big Creek Center for the ever-popular aerobics class on Wednesdays. Plus on Saturday evenings in we'll be playing Seated Volleyball at the Gemini Center in Fairview Park.

**There's something for everyone, so sign up today!**

#### Mondays

**BASEBALL:** 6:30 –7:30PM

**Where:** Rocky River Reservation  
(Memorial Field, just south of  
where we walk)

**Description:** Join us for baseball  
with a 'soft' ball. Bring a glove,  
bat and your interest in a great  
time! A batting tee will be  
provided if needed.

Limited to 24 participants

**Dates:** August 26<sup>th</sup>,  
September 9<sup>th</sup>,16<sup>th</sup>,23<sup>rd</sup> & 30<sup>th</sup>

**Fee:** \$ 15.

#### Tuesdays

**WALKING:** 6:30 – 7:30 PM

**Where:** Rocky River Reservation  
(Rockcliff Spring parking lot)

**Description:** Experience late  
summer and early fall with your  
walking friends at SOAR!. Take a  
leisurely stroll or 'step it  
out'....whichever you prefer!

Limited to 30 participants

**Dates:** August 27<sup>th</sup>,  
September 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>

**Fee:** \$12.

#### Wednesdays

**AEROBICS:** 6:30 – 7:30 PM

**Where:** Big Creek Center (6149  
West 130<sup>th</sup> Street)

**Description:** Join this popular  
activity with Angie. Listen to great  
tunes while we work on strength,  
endurance & flexibility. Always a  
great time....see you there!

Limited to 45 participants

**Dates:** August 28<sup>th</sup>,  
September 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>

**Fee:** \$20

#### Thursdays

**WALKING:** 6:30 – 7:30 PM

**Where:** Brooklyn Memorial Park  
(7727 Memphis Blvd. – Meet at the  
picnic pavilion)

**Description:** Stroll through the  
beautiful, paved, Memorial Park  
setting. Have a great time with  
your friends at SOAR!

Limited to 30 participants

**Dates:** August 29<sup>th</sup>,  
September 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

**Fee:** \$12.

#### Saturdays

**SEATED VOLLEYBALL:** 5:30 – 7:00 PM

**Where:** Gemini Center, 21225 Lorain  
Road (Fairview Recreation  
Center...Gorgeous!)

**Description:** Join us for an evening of  
seated volleyball. We'll use a beach  
ball to test your VB skills. Ideal for  
wheelchairs and promises lots of fun &  
laughs!

Limited to 22 participants

**Dates:** August 31<sup>st</sup>,  
September 7<sup>th</sup>, 14<sup>th</sup> & 21<sup>st</sup>

**Fee:** \$20.

(Fee includes: SOAR! souvenir & snacks at each activity)

**Registration Deadline is Wednesday, August 21<sup>st</sup>, so sign up today!!!**

FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT **(440) 327-6454**  
Mail completed form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio - 44039

