

NEW - RECREATION PROGRAMS FROM SOAR!

Get Moving and join the fun today !

(May 28th – July 3rd)

Join us for the next session of SOAR! Spring/Summer activities. In addition to the popular outdoor walking programs, meet us at the Gemini Center for our Dancercize class! Meet at Big Creek Center for the ever-popular aerobics class or, play bocce ball at the Rocky River Adult Activities Center on Friday evenings.

There's something for everyone, so sign up today!

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Fridays</u>
DANCERCIZE: 6:30-7:30 PM Where: Gemini Center (21225 Lorain Road in Fairview Park – Multipurpose Room) Description: Join Dee and your SOAR! friends in this ever popular activity. Guaranteed to be a great (and FUN!) workout as we move to the beat of some old and new tunes! Limited to 35 participants	WALKING: 6:30 – 7:30 PM Where: Rocky River Reservation (Rockcliff Spring parking lot) Description: Experience late spring and early summer with your walking friends at SOAR!. Take a leisurely stroll or 'step it out'....whichever you prefer! Limited to 25 participants	AEROBICS: 6:30 – 7:30 PM Where: Big Creek Center (6149 West 130 th Street) Description: Join this popular activity with Angie Siciliano. Listen to great tunes while we work on strength, endurance & flexibility. See you there! Limited to 40 participants	WALKING: 6:30 – 7:30 PM Where: Brooklyn Memorial Park (7727 Memphis Blvd. – Meet at the picnic pavilion) Description: Stroll through the beautiful, paved, Memorial Park setting. Have a great time with your friends at SOAR! Limited to 30 participants	BOCCE BALL: 6:00 – 7:30 PM Where: Rocky River Adult Activities Center, 20120 Detroit Road Description: Join us for some great times as we learn & play the wonderful game of bocce ball. Anyone can play, so start your weekend with fresh air and camaraderie! (We'll have ramps available too) Limited to 20 participants
Dates: June 3 rd , 10 th , 17 th , 24 th July 1 st	Dates: May 28 th June 4 th , 11 th , 18 th , 25 th , July 2 nd	Dates: May 29 th , June 5 th , 12 th , 19 th , 26 th , July 3 rd	Dates: May 30 th , June 6 th , 13 th , 20 th , 27 th	Dates: May 31 st , June 7 th , 14 th , 21 st
Fee: \$ 20.	Fee: \$12.	Fee: \$20	Fee: \$12.	Fee: \$15.

(Fee includes: SOAR! souvenir & snacks at each activity)



Registration Deadline is Wednesday, May 22nd, so sign up today!!!
 FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT **(440) 327-6454**
 Mail completed form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio - 44039

