

# Four Dangerous Lifestyle Trends Impacting Your Child's Brain

*How every parent can improve development, behavior, and communication.*



In this engaging and fast-paced seminar, functional neurologist Dr Dayna Nevar offers a fresh perspective on developmental disorders. Her advice helps parents quickly identify the presence of unbalanced stimuli in their children's lives. Attendees will gain insight into the reasons behind the rapid rise in prevalence of neurodevelopmental disorders, as well as the simple lifestyle changes they can make to help their kids. Dr Nevar will review the nutritional, environmental, emotional, and physical considerations adults must be aware of to improve their child's development, behavior, communication and academic performance. She will address the limits of typical approaches to developmental therapy and showcase a few rarely-implemented therapies that stem from a deep understanding of the brain's functionality

**This seminar is for you if** your child has difficulty formulating responses, appears dissociated, exhibits socially inappropriate behaviors, experiences outbursts, or struggles with poor focus, attention or comprehension. You'll learn the importance of rhythmicity in the brain, how timing and motor planning can be integrated into your lifestyle and why the proper chemical balance is imperative to your child's development.

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## PRAISE FOR DR DAYNA NEVAR



*We are so grateful for the presentation Dr. Nevar provided for the Michael Carter Foundation. Her subject matter was on lifestyle trends that impact the brain, including environmental and technologic changes we all face. These include television viewing, computer time, food/nutrition intake, and stress. It was great for families who have children with Special Needs. The presentation was very well-received by our audience, as it gave a new perspective on cause and effect that was not simply answered with "take this pill for that, and that pill for this"--- **very different from what we think of as the traditional medical model!** The listeners were very engaged and unfortunately, we ran out of time during the question and answer session. Many of our attendees requested additional information and were interested in contacting Dr. Dayna directly. We look forward to having her speak at another of our educational sessions.*

----- *Ken Vinikoff, Vice President, Michael Carter Foundation*