

# Join the SOAR! team today And chase those winter blues away! (February 25<sup>th</sup> – April 5<sup>th</sup>)

Join us for the next session of SOAR! Winter activities. In addition to the popular bowling, water aerobics, aerobics & walking programs, we're continuing our Saturday evening indoor games classes; Meet us at the Gemini Center in Fairview Park and join the fun. We'll meet, greet & play with a great time guaranteed for all!

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Saturdays</u>
<b>BOWLING:</b> 3:30 – 5:00 PM <b>Where:</b> Freeway Lanes, 12859 Brookpark Road (Just east of West 130 <sup>th</sup> street)	<b>WATER AEROBICS: 7:00-7:45 PM</b> <b>Where:</b> Gemini Center, 21225 Lorain Road. <b>NOTE: Participants must sign a Fairview Park "Release Agreement" prior to participation.</b>  <b>Description:</b> Cool off and stretch those muscles with water aerobics at the Gemini Center! Participants must be able to stand, take direction & move independently in 3-4 feet of water. Always a GREAT time!	<b>AEROBICS: 6:30 – 7:30 PM</b> <b>Where:</b> Big Creek Center Center, 6149 West 130 <sup>th</sup> Street  <b>Description:</b> Join this VERY popular activity with Angie. We'll listen to some great tunes while we work on strength, endurance and flexibility.....Maybe even work out to the "Car Wash" song! ☺	<b>WALKING: 6:30 – 7:30 PM</b> <b>Where:</b> Parmatown Mall (Meet at the benches by Dick's Sporting Goods!)	<b>INDOOR GAMES:</b> 5:30 – 7:00 PM <b>Where:</b> Gemini Center 21225 Lorain Road, Fairview Recreation Center  <b>Description:</b> Join us for our first session of indoor games! We'll play wiffleball, kickball, seated volleyball as well a 'mystery game' or two!
Limited to 28 participants  <b>Dates:</b> February 25 <sup>th</sup> March 4 <sup>th</sup> , 11 <sup>th</sup> , 18 <sup>th</sup> , 25 <sup>th</sup> April 1 <sup>st</sup> <b>Fee:</b> \$ 25.	Limited to 25 participants  <b>Dates:</b> February 26 <sup>th</sup> March 5 <sup>th</sup> , 12 <sup>th</sup> , 19 <sup>th</sup> , 26 <sup>th</sup> April 2 <sup>nd</sup> <b>Fee:</b> \$20.	Limited to 45 participants  <b>Dates:</b> February 27 <sup>th</sup> March 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 27 <sup>th</sup> April 3 <sup>rd</sup> <b>Fee:</b> \$20	Limited to 30 participants  <b>Dates:</b> February 28 <sup>th</sup> March 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup> April 4 <sup>th</sup> <b>Fee:</b> \$12.	Limited to 26 participants  <b>Dates:</b> March 9 <sup>th</sup> ,16 <sup>th</sup> , 23 <sup>rd</sup> & 30 <sup>th</sup>  <b>Fee:</b> \$20.



(Fee includes: SOAR! souvenir & snacks at each activity)

Registration Deadline is Friday, February 15<sup>th</sup>, so sign up today!!!  
FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT (440) 327-6454  
Mail completed form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio - 44039

