

Join the SOAR! team today

And chase those winter blues away!

(February 25th – April 5th)

Join us for the next session of SOAR! Winter activities. In addition to the popular bowling, water aerobics, aerobics & walking programs, we're continuing our Saturday evening indoor games classes; Meet us at the Gemini Center in Fairview Park and join the fun. We'll meet, greet & play with a great time guaranteed for all!

<u>Mondays</u>	<u>Tuesdays</u>	<u>Wednesdays</u>	<u>Thursdays</u>	<u>Saturdays</u>
BOWLING: 3:30 – 5:00 PM Where: Freeway Lanes, 12859 Brookpark Road (Just east of West 130 th street) Description: Join us for our second session of late afternoon bowling. We'll bowl from 3:30 til 4:45 then enjoy a snack as your hard earned reward...hope to see you there! Limited to 28 participants Dates: February 25 th March 4 th , 11 th , 18 th , 25 th April 1 st Fee: \$ 25.	WATER AEROBICS: 7:00-7:45 PM Where: Gemini Center, 21225 Lorain Road. NOTE: Participants must sign a Fairview Park "Release Agreement" prior to participation. Description: Cool off and stretch those muscles with water aerobics at the Gemini Center! Participants must be able to stand, take direction & move independently in 3-4 feet of water. Always a GREAT time! Limited to 25 participants Dates: February 26 th March 5 th , 12 th , 19 th , 26 th April 2 nd Fee: \$20.	AEROBICS: 6:30 – 7:30 PM Where: Big Creek Center, 6149 West 130 th Street Description: Join this VERY popular activity with Angie. We'll listen to some great tunes while we work on strength, endurance and flexibility.....Maybe even work out to the "Car Wash" song! ☺ Limited to 45 participants Dates: February 27 th March 6 th , 13 th , 20 th , 27 th April 3 rd Fee: \$20	WALKING: 6:30 – 7:30 PM Where: Parmatown Mall (Meet at the benches by Dick's Sporting Goods!) Description: Walk, stroll & enjoy the warmth of some late winter mall walking. Done at a pace that works for everyone, so join us today! Limited to 30 participants Dates: February 28 th March 7 th , 14 th , 21 st , 28 th April 4 th Fee: \$12.	INDOOR GAMES: 5:30 – 7:00 PM Where: Gemini Center, 21225 Lorain Road, Fairview Recreation Center Description: Join us for our first session of indoor games! We'll play wiffleball, kickball, seated volleyball as well a 'mystery game' or two! Limited to 26 participants Dates: March 9 th , 16 th , 23 rd & 30 th Fee: \$20.

(Fee includes: SOAR! souvenir & snacks at each activity)



Registration Deadline is Friday, February 15th, so sign up today!!!
 FOR ADDITIONAL INFORMATION OR TO REGISTER FOR AN ACTIVITY CALL US AT (440) 327-6454
 Mail completed form and registration fee to: SOAR!, 4937 Mills Industrial Parkway, North Ridgeville, Ohio - 44039

