

# How to Register

Send completed registration form with check/money order payable to **Summit County Public Health** to:

**Child Care Connection**  
**Attn: Building Healthy Kids**  
**703 South Main St. #211**  
**Akron, OH 44311**  
**(330) 376-7706 daytime**

**Workshop cost: \$20.00**

**Deadline for registration is Nov. 1, 2012**

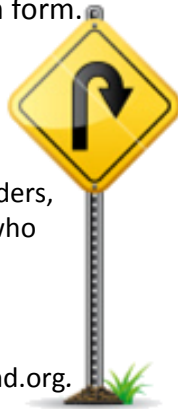
Lunch will be provided. Free parking is available in the Akron Children's Hospital parking decks.

A description of each breakout session is listed. Please indicate which sessions you would like to attend on registration form.

Seven hours of in-service and CDA credit is available.

Conference is open to child care providers, preschool teachers, and anyone else who works with young children.

Questions, contact First Things First:  
 (330) 926-5764 or email [chudson@schd.org](mailto:chudson@schd.org).



## Building Healthy Kids



United Way  
of Summit County



Akron-Summit County  
Public Library

[www.akronlibrary.org](http://www.akronlibrary.org)



SUTQ approved

**Saturday, November 10, 2012**

**8:00 am-4:30 pm**

**William H. Considine  
Professional Building**

**(across from Akron Children's Hospital)**

**215 W. Bowery St.  
Akron, OH 44308**



**8:00-8:30 a.m. - Registration and Breakfast**

**8:30-8:45 a.m. - Welcome and Housekeeping**

**8:45-10:15 a.m. - Morning Breakout Session 1**

**Conscious Discipline, Part 1**

**Lauren Wood, M. Ed., PCC-S, Child Guidance & Family Solutions**

Participants will learn how focusing on connection and the Seven Skills of Conscious Discipline increase cooperation and learning for children and adults as they work together in a healthy "school family".

**Handling Difficult Behaviors**

**Stacy Cavey, M. Ed., LPC, Child Guidance & Family Solutions**

Participants will learn effective use of praise/rewards, the ignore technique, choices and logical sequences. Participants will also learn to teach children to self-regulate, includes use of breathing strategies, coping tools, and "a be by myself space".

**Intro to Social/ Emotional Field Guide, Part 1**

**Susan Sunderlin, B.A., Child Care Connection**

Participants will be introduced to the Field Guides content, discuss ways to support the social and emotional development of young children, be able to identify appropriate community resources and suggest activities for children to build skills.

**10:30-12:00 p.m. - Morning Breakout Session 2**

**Conscious Discipline, Part 2**

**Lauren Wood, M. Ed., PCC-S, Child Guidance & Family Solutions**

**Become Brain Smart**

**Kyle Ohl, M.Ed., LPC, Child Guidance & Family Solutions**

Participants will learn about the Brain Smart Principles, the different states of the brain and their relevance to behavior.

**Intro to Social/ Emotional Field Guide, Part 2**

**Susan Sunderlin, B.A., Child Care Connection**

**12:15-1:15 p.m. - Lunch/ Panel Discussion**

**Early Intervention Panel**

**Cathy Marrone, B.S., Help Me Grow**

**Tina Overturf, M.Ed. and Jennifer Musson B.A., County of Summit Developmental Disabilities Board**

**Michelle Smith, M.Ed., Summit County Educational Service Center**

**Ken Ditlevson, M.Ed., PCC-S, Child Guidance & Family Solutions**

**Margaret Collins, M.S., Family Child Learning Center**

**1:20-2:50 p.m. - Afternoon Breakout Session 1**

**Prevent Power Struggles, Part 1**

**Kyle Ohl, M.Ed. LPC, Child Guidance & Family Solutions**

Participants will learn about the adult and child beliefs that create power struggles, the five-step process to help prevent power struggles, the strategies and skills needed to get out of a power struggle and how to heal after a power struggle.

**Red Flags for Autism**

**Margaret Collins, M.S., Family Child Learning Center**

Participants will learn what autism is (and isn't) and what providers might see in our very youngest children that would indicate the need for screening and referral.

**Conscious Discipline, Part 1 (Offered Again)**

**Kellie Morehouse, M.Ed., PCC, Child Guidance & Family Solutions**

**3:00-4:30 p.m. - Afternoon Breakout Session 2**

**Prevent Power Struggles, Part 2**

**Kyle Ohl, M.Ed., LPC, Child Guidance & Family Solutions**

**Supporting Children Who Struggle With Play**

**Sarah Jackson, Ph.D., Michelle Smith, M.Ed., and Cathy Ahrens, B.A., Summit County Educational Service Center**

Participants will identify "play problems" and barriers that challenge children to play; and will examine intervention strategies to give children the support to negotiate play situations.

**Conscious Discipline, Part 2 (Offered Again)**

**Presenter: Kellie Morehouse, M.Ed., PCC, Child Guidance & Family Solutions**

## Registration Form

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone:** \_\_\_\_\_

**Work Phone:** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**OPIN#:** \_\_\_\_\_

Required for registration

**Please include payment with registration. Make checks payable to: Summit County Public Health**

**Lunch: Please check**

- ☐ Vegetarian  
☐ Non-Vegetarian

**Breakout Sessions: Please check**

**(If a workshop has a Part 1 & 2, you must attend both of the sessions in the a.m. or p.m.)**

**Morning Breakout Session 1**

- ☐ Conscious Discipline, Part 1  
☐ Handling Difficult Behaviors  
☐ Intro to Social/Emotional Field Guide, Part 1

**Morning Breakout Session 2**

- ☐ Conscious Discipline, Part 2  
☐ Becoming Brain Smart  
☐ Intro to Social/ Emotional Field Guide, Part 2

**Afternoon Breakout Session 1**

- ☐ Prevent Power Struggles, Part 1  
☐ Red Flags for Autism  
☐ Conscious Discipline, Part 1

**Afternoon Breakout Session 2**

- ☐ Prevent Power Struggles, Part 2  
☐ Supporting Children Who Struggle With Play  
☐ Conscious Discipline, Part 2