



We're learning about Autism.

Help us learn about  
this disorder and possible  
future treatments by joining  
our clinical research study.

VANILLA

Vasopressin ANtagonist to Improve SociaL Communication in Autism

## Facts about Autism

- 1 in 88 children is affected with an autism spectrum disorder (ASD).<sup>1</sup>
- Boys are nearly 5 times more likely than girls to have autism.<sup>2</sup>

## A Clinical Research Study in Autism

We are looking for approximately 130 men with an autism spectrum disorder to join the VANILLA study.

We will measure the effects of an investigational drug on social behavior, communication and safety.

You may be able to take part in this study if you:

- Are a man aged 18-45 years with a diagnosis of autism spectrum disorder
- Speak English
- Have a caregiver willing to help you complete study activities and answer questions from clinic staff.

## What to Expect if You Join

The study will last up to 24 weeks. You will come to the clinic for up to 7 visits in 18 weeks. You will have health checks at these visits, including:

-  Blood tests
-  Urine test
-  Questionnaires
-  Caregiver questions
-  Electrocardiogram (ECG) to measure the electrical activity of your heart

You will have 10 other visits; it is your choice to have these visits at the clinic or at your home. Health checks at these visits will include:

-  Blood tests
-  Questionnaires

You will be assigned, by chance, to take one of the following every day for 12 weeks:

- Investigational drug or
- Placebo (a pill with no drug in it)



## About clinical trials

Clinical trials help researchers learn if investigational drugs are safe and how well they work.

It is your choice to say yes or no when you are asked to be in a study. You can leave a study at any time.

You may or may not feel any better by being in a study and you may have side effects from being in a study. Your health will be monitored by the clinic medical staff.

Visit these websites for more information about clinical trials:

[www.clinicaltrials.gov](http://www.clinicaltrials.gov)

[www.centerwatch.com](http://www.centerwatch.com)

## Contact us

Please contact us to learn more about the study.

A doctor or nurse will answer your questions and tell you what to do next if you want to join.

Thank you for your interest.

<sup>1</sup> Autism Spectrum Disorders. Centers for Disease Control and Prevention. Available at: <http://www.cdc.gov/ncbddd/autism/data.html>. Accessed May 31, 2013.

<sup>2</sup> Facts about Autism. Autism Speaks. Available at: <http://www.autismspeaks.org/what-autism/facts-aboutautism>. Accessed May 31, 2013.

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